

better nutrition

Our product picks



Looking for hot products to stock your shelves? *Natural Products Marketplace* is checking in with retailers across the country, who offer their customers *Better Nutrition* magazine, to find out what their shoppers are requesting. This month, it's Spice 'n' Nice, located in Bennington, VT, which has been in business for more than 40 years, making it the oldest natural food store in Vermont. Since the beginning, its goal has been to turn natural foods into a mainstream business.

Did You Know?

The town of Bennington, situated in southwestern Vermont, is the epitome of historic New England. It's a popular country retreat in the fall for leaf-peeping city folk or anytime for art lovers, antique hunters or history buffs. Attractions include a 306-ft. tall monument dedicated to Revolutionary War Battle of Bennington; the Vermont Covered Bridge Museum with a self-guided driving tour to seven quaint, covered bridges; and the Bennington Museum.



Nature's Plus Immune Action

This product continues to surprise us. I've used it myself and it's brought me back from the brink of colds and flus a number of times. I give it to our employees to keep them healthy and on the job.

NaturesPlus.com



ReNew Life First Cleanse

When we started in business 40 years ago, fasting and internal cleansing was very important. First Cleanse is our favorite introductory cleanse because it releases toxins at a slower rate, reducing any potential side effects.

ReNewLife.com



Hyland's Leg Cramps

We ran an ad one week featuring this product. Little did I suspect how prevalent the affliction is. We sold out in less than a day and it hasn't let up. It could be a sign of our country aging.

HylandsLegCramps.com



Motherlove Herbal Breastfeeding Products

Once in a while, someone will either recommend a product or ask you carry something. Every other day I pass by these products and they've sold out again. Wow.

MotherLove.com



Tortured Orchard Garlic Balsamic Drizzle

This dressing from North Egremont, MA, is perfect for parties and making good impressions. Just put a little smear over roasted vegetables or tofu and watch those faces light up. It's a 9-oz. jar, but it goes a long way.

TorturedOrchard.com



Amy's Tamale Dinners

I brought a couple of Amy's Tamale dinners to a Spanish club meeting. A little Mexican woman approached me and asked me if the lady who made them came in every day. "Yes," I said. "She comes in every day." Need I say more?

AmysKitchen.com